

## PRESCRIPTION/LETTER OF REFERRAL

Date \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

PATIENT NAME: \_\_\_\_\_

PHYSICIAN: \_\_\_\_\_ PHONE: \_\_\_\_\_

REFERRED TO: Idaho Medical Massage PHONE: (208) 244-0941 NPI #: 1073323176

The therapist may provide only physician-prescribed CPT-coded procedures and modalities that are within scope of practice, licensure, training, and the patient's insurance policy, and that are medically necessary and supported by documentation. Treatment is limited to up to four (4) timed procedure units per visit (15 minutes per unit) and up to two (2) modalities per visit, unless additional services are specifically authorized by the prescription or supported by documented medical necessity consistent with payer guidelines.

### PHYSICIAN DIAGNOSIS OF PATIENT

\_\_\_\_\_ MIGRAINES  
\_\_\_\_\_ HEADACHES  
\_\_\_\_\_ CERVICAL: Whiplash/ Injury/ Sprain/ Strain  
\_\_\_\_\_ JAW: TM & Ligament/ Sprain /Strain R \_\_ L \_\_  
\_\_\_\_\_ CERVICALGIA (Pain in Neck)  
\_\_\_\_\_ INFRASPINATUS: Sprain/ Strain R \_\_ L \_\_  
\_\_\_\_\_ SUPRASPINATUS: Sprain/ Strain (muscle) R \_\_ L \_\_  
\_\_\_\_\_ SHOULDER & ARM: (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ ELBOW & FOREARM: (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ WRIST: Sprain/ Strain/ (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ CARPAL TUNNEL SYNDROME R \_\_ L \_\_  
\_\_\_\_\_ HAND: Sprain/ Strain (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ PAIN IN THORACIC SPINE  
\_\_\_\_\_ THORACIC (DORSAL): Sprain/ Strain  
\_\_\_\_\_ OTHER: \_\_\_\_\_

\_\_\_\_\_ LUMBAR: Sprain/ Strain  
\_\_\_\_\_ PELVIS: Sprain/ Strain (unspecified site)  
\_\_\_\_\_ HIP & THIGH: (unspecified site)  
\_\_\_\_\_ SACROILIAC REGION: (unspecified site)  
\_\_\_\_\_ SACRUM: Sprain/ Strain  
\_\_\_\_\_ LUMBAROSACRAL RADICULITIES R \_\_ L \_\_  
\_\_\_\_\_ SCIATICA: (neuralgia, neuritis) R \_\_ L \_\_  
\_\_\_\_\_ KNEE OR LEG: Sprain/ Strain R \_\_ L \_\_  
\_\_\_\_\_ ANKLE: Sprain/ Strain (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ FOOT: Sprain/ Strain (unspecified site) R \_\_ L \_\_  
\_\_\_\_\_ MYOFIBROSIS: (muscles, ligaments, fascia)  
\_\_\_\_\_ SPASM OF MUSCLE: \_\_\_\_\_  
\_\_\_\_\_ MYALGIA & MYOSITIS  
\_\_\_\_\_ UNSPECIFIED MUSCLE DISORDER, LIGAMENT, FASCIA  
\_\_\_\_\_ OTHER: \_\_\_\_\_

### PRESCRIBED PROCEDURES, MODALITIES, & CPT CODES

- 97124 MASSAGE THERAPY
- 97140 MANUAL THERAPY TECHNIQUES (myofascial release, trigger point therapy, manual lymphatic drainage)
- 97010 HOT/COLD PACKS (as adjunctive therapy)
- 97018 PARAFIN BATH
- 97034 CONTRAST BATHS
- 97749 INITAIAL ASSESSMENT/ EVALUATION

### FREQUENCY/DURATION

	TIMES PER:	FOR WEEKS	MONTHS
WEEKLY			

### PLAN OF CARE/COMMENTS

\_\_\_\_\_  
\_\_\_\_\_  
**PHYSICIAN CERTIFICATION & AUTHORIZATION**  
I certify that the above treatment plan is medically necessary and appropriate for the diagnosed condition(s). I authorize massage and manual therapy treatments as outlined above.

Physician's Signature: \_\_\_\_\_

License #: \_\_\_\_\_  
NPI #: \_\_\_\_\_

*Idaho Medical Massage / This document is intended for insurance purposes and medical records.*